AI Positioning Session

Connect your experience to a practical direction and one small project.

For: Professionals exploring how to contribute to AI-related changes at work | Use when: When choosing a learning direction or first project | Suggested time: 20 minutes

Version 1.0 | October 5, 2026

Use synthetic or authorized information. Keep sensitive work in approved tools. A named person owns each decision. These tools support discussion and planning; they are not validated assessments.

1. Find a problem you understand

Start with your experience and access to real work. A leadership role is a contribution you can demonstrate, not a personality label.

Experience

What work do you understand well enough to notice failures and judge a useful result?

Evidence of contribution

What have you already improved, built, explained, or coordinated?

Direction

Which contribution fits: Navigator, Builder, Practitioner, or Amplifier?

Small project

What can you complete with approved tools and synthetic information?

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2. Turn the direction into a learning experiment

Use a short project to test your interest and build evidence. Keep your next move reversible.

Skill to practice

What specific capability does the project require?

Support and access

Who can review the work, and what can you use?

Evidence to show

What will demonstrate learning rather than attendance?

Next review

When will you decide whether to continue or change direction?

Use this self-contained prompt

Paste the prompt below into your preferred assistant. Answer with generalized or synthetic information; do not paste confidential work material.

Prompt

Copy the complete text below.

Completed companion example

All organizations, workflows, numbers, and results in these examples are fictional and provided for learning. Targets are proposed decision criteria, not validated standards or promised outcomes.

Experience

An HR operations specialist understands recurring policy questions and service handoffs.

Evidence of contribution

Standardized escalation guidance and trained analysts on policy lookup.

Direction

Practitioner and Amplifier initially; grow Builder capability through a bounded prototype.

Small project

Create a synthetic policy-question set and evaluate cited draft answers.

Skill to practice

Define expected answers, inspect source support, and log exceptions.

Support and access

Policy specialist reviews synthetic cases; approved AI tool only.

Evidence to show

Ten annotated cases, a failure example, and a revised workflow brief.

Next review

After two weeks, review the artifacts with a trusted colleague.

Prompt

Act as a practical AI work-positioning partner. Ask one question at a time. Help me identify: (1) work I understand deeply; (2) evidence of my current contribution; (3) a useful direction as Navigator, Builder, Practitioner, or Amplifier; (4) one small project using approved tools and synthetic or authorized information; (5) the skill to practice, review partner, and evidence to produce in two weeks. Treat these roles as complementary contributions, not fixed personality types. Do not invent my experience or promise a career outcome. End with a short project brief and a next review decision.

Original guide: https://builtinto.work/resources/ai-positioning-session